



The Dolphins Aquatic Club Locker Room Procedure:

Purpose:

The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

Facilities:

Although our team uses multiple locations for practices, the locker room procedure is the same for all facilities.

Monitoring:

General Policy - Coaches must require their swimmers to tell or ask when they need to use the restroom or access the locker room during practice. Coaches are responsible for noticing when an athlete goes to the locker room or changing area during practice. And, if they do not return in a timely fashion, a coach or adult of the same sex will check on the athlete's whereabouts.

We discourage parents from entering locker rooms and changing areas unless it is truly necessary. In those instances, it should only be a same-sex parent. If this is necessary, parents should let the coach or administrator know about this in advance. If an athlete needs assistance with changing or using the restroom, or an athlete's disability warrants assistance, then we ask that parents let the coach know beforehand that he or she will be helping the athlete.

We recommend our swimmers to come to practice with a swimsuit on and leave either in a towel, parka, or clothes to put on over their suit. The use of locker rooms before and after practice is discouraged, however, we do allow our swimmers to access the locker room throughout the duration of practice.

We only recommend our coaches to enter the locker room if they believe there is a problem which needs addressing. If this is the case, either a coach, parent, or other adult of the same sex is permitted to enter the locker room.

Any use of cell phones, cameras, or recording devices are not permitted in the locker room or bathroom under any circumstance by swimmers, coaches, parents, or any other adults. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area.